

Keep Your Spouse's Heart Open - Wife

Ask the following emotional intimacy questions of each other every day.

1. Have I listened to you today?
2. Have I affirmed you as a person?
3. Have you felt respected by me today?
4. What are things I do that make you feel respected?
5. Is there anything you haven't been able to visit with me about this week?
6. What do I provide for you that causes you to feel respect in public?
7. What is one of the most enjoyable things that we've done together.
8. On a scale from 1 to 10, if 10 is best how much of your heart do I now have?
9. Are there any getaways for the two of us you are thinking about?
10. Have I been financially responsible?
11. Have I kept my word to you today?
12. Do you like to be seen with me?
13. Do you view me as a friend?
14. What would you say is most important to me?
15. Do you feel like you are important in my life?
16. What is something that you would enjoy doing with me?
17. Are there any places that you are thinking about going for a vacation?
18. _____?
19. _____?
20. _____?
21. _____?
22. _____?
23. _____?
24. _____?
25. _____?
26. Has your heart been stressed today, and how can I help you?
27. Am I still attractive to you?