

Keep Your Spouse's Heart Open - Husband

Ask the following emotional intimacy questions of each other every day.

A husband to his Wife

1. Have I been sensitive to your needs today?
2. Have I hurt you today? How? Acknowledge.....would you please forgive me?
3. Have I listened to you today?
4. Have you felt cherished by me?
5. Have you been hurt by something else? By what?
6. Have I affirmed you as a person today?
7. Do you feel like you are very important in my life?
8. Do you feel understood by me?
9. On a scale of 1 to 10, if 10 is best, how much of your heart do I have today?
10. Thank you for the part of your heart you have given me?
11. What would you say is most important to me?
12. Do you sense I care about your desires and interests?
13. Do I admit when I am wrong?
14. Do you view me as a friend?
15. Do I bring security to your heart?
16. Do you long to be with me?
17. Do you like to be seen with me?
18. Did you cry today? And, what caused it?
19. Are you sure of my love for you?
20. Are you excited for me to come home each day?
21. Have I kept my word to you today?
22. Have I kept my word to our children?
23. Have you had financial fear today?
24. Is there any subject we haven't been able to talk about recently?
25. Am I still attractive to you?
26. _____?