

Breaking Curses Worksheet

Renounce Habitual Sin

Lord, I renounce the use of my body as an instrument of unrighteousness.

I acknowledge that I have given into fleshly lusts that wage war against my soul.

I confess that I have willingly chosen to rebel against you and your word.

I repent of all my willful disobedience.

I confess my sinful habits of _____.

Thank you for your forgiveness.

I received the cleansing of my mind and body.

I declare that sin will not be my master, for in Christ I am now prone to righteousness.

I receive the grace to obey you and resist temptation.

Thank you for loving me unconditionally.

Thank you for setting me free.

I choose to follow you in obedience.

In Jesus' Name, Amen

Renounce Sexual Perversion and Pornography

Through the power of Jesus' name I break all attachments to lust, perversion, fantasy, and sexual immorality.

I repent of viewing pornography for sexual stimulation, satisfaction, comfort, and escape.

I repent of any addiction to reading or viewing things that capture my emotions in fantasy.

I confess that I have committed adultery in my heart.

I confess every act of sexual perversion with my body.

Cleanse me from the shame, condemnation, and filthiness that have clung to me from my defilement.

Cancel and cleanse my mind of wrongful images and wash my heart, returning it to purity.

I commit myself to see others as God's valuable creation and will give them the honor that God does.

I commit my mind, imagination, and emotions to You, my Lord.

I choose to dwell on things that are true, noble, right, and pure (Philippians 4:8)

In Jesus' Name, Amen

Renounce Involvement in Occult or Cult Practices

In Jesus' name, I renounce any and all involvement in _____ (name of the occult or occult practice).

I renounce _____ (list the practices you participated in).

I ask You, God, to forgive me for worshiping other gods.

I declare that Jesus is the way, the truth, and the life.

No one comes to the father but through Jesus.

I declare that Jesus is Lord of all.

I will worship God and him alone will I serve. Amen.

Renounce Substance Abuse

I confess that I misused _____ (alcohol, tobacco, food, prescription or street

drugs for the purpose of.....(pleasure, to escape reality or to cope with difficult situations.

I repent of ensnaring myself and becoming a slave to substances and allowing evil powers to rule over me.

I renounce any and all demonic connections or influence in my life through my misuse of

_____ .

Forgive me for abusing my body and quenching the Holy Spirit.

I commit myself to no longer yield to _____ but to yield to the Holy Spirit.

I admit my responsibility for damaging my relationships.

I ask you Father to help those whom I have hurt, to heal each one, to strengthen, to restore, and bless them.

Heavenly Father. I ask You to take back dominion over my life that I have given over to the demonic influence. I yield it back to Your control.

Please fill me afresh with your Holy Spirit

In Jesus' Name, Amen.

Breaking Past Curses; Receiving Past Blessings

General Generational Prayer

Heavenly father, in accordance with my covenant with you, I ask you to open the books of my generational past, of every covenant made, which my forefathers entered into on my behalf that is giving license to any or all demonic around me.

Look at those covenants, Heavenly Father, and see if any of these are not absolutely righteous and just, and if not, annul them and release the affliction of the demonic from me.

For covenants that originate from you that are righteous and just, I receive the fullness of my ancestral blessing from You.

Specific Generational Prayer

(The following prayer can be prayed repetitiously over each generation listed below.)

In the name of Jesus Christ,

I declare Jesus Christ to stand between me and the _____ generation. as a wall of separation.

I cancel every assignment of darkness and remove every right of all demonic to afflict me because of the sins of that generation.

I call to me my righteous inheritance and all blessings of the _____ generation.

Great great grandparents....fourth.

Great grandparents....third

Grandparents....second

Parents....first

Children/descendants....current

Break All Word Curses

In the name of Jesus Christ, I break every curse of words spoken against me.

I take every cursing word captive that has been spoken over me and that I have spoken over myself.

I break the power of those curses as from hell.

I cancel every assignment of darkness.

I cast them to the ground, and I call blessing to overcome me in their place.

I repent for every curse I have spoken against any other.

I cast those word curses down to the ground.

I return blessings to those whom I have cursed.

Jesus took my cursing so I can live in blessing.

Breaking Of Soul Tie's

In the authority of Jesus Christ, I repent for the soul tie I entered into with

and by faith I break the one flesh union.

I send back to him/her everything that I have taken from him/her when I became one flesh with him/her.

I called back to me everything I gave of myself in that one flesh union.

I declare Jesus Christ to be the wall of separation between us.

Thank you, Jesus, for restoring my soul.

Renouncing A Spirit of Religion

In the name of Jesus Christ, I renounce every spirit of religion and every work of darkness connected with it.

I repent for allowing myself to be led by any spirit other than the Holy Spirit.

I renounce all forms of legalism, traditions of men, and participation in dead works.

I repent for my hypocrisy, pride, and arrogance.

I repent for relying on my own works and self-righteousness to find favor in the sight of God and man.

I repent for relying on my own intellect rather than your Holy Spirit and for inappropriately using scripture as a weapon against other saints.

Forgive me for my faults, judgments, criticism, gossip, jealousy, covetousness, anger, and hardness of heart.

Forgive me for slandering and persecuting those who are moving in the Holy Spirit and for attributing the works of the Holy Spirit to the devil.

I renounce any and all belief that portrays you, Lord, as distant and judgmental and I receive the fullness of your love, compassion, mercy, and grace.

I choose to embrace all aspects of your true character and to know you intimately.

I choose to no longer partner with the same spirit that killed Jesus and that continues to attempt to kill the work of the Holy Spirit today.

I choose to come into agreement with God my father, with Jesus Christ, and with the Holy Spirit.

Prayer for Self-hatred

Heavenly Father, I now renounce self-hatred, bitterness against myself, or loathing of self as sin against you.

I have believed this hating self to be humility but now understand it to be sin that diminishes the work you did on the cross and the power of your blood.

I admit I have believed my sin is so hideous your blood is not able to cleanse it. I now know that to be a lie.

My not forgiving self, is holding myself to a higher standard of forgiveness than you held me, which is sin.

Father, I now ask Your forgiveness for believing these lies and ask You to take back all place in my soul given to the enemy by self-hatred. I now yield it back to Your control. I receive the Blood of Jesus Christ as full cleansing!

Prayer for ending PTSD

In the name of Jesus Christ, I now renounce all of the scenes of evil, and movies of evil from events of my past, which have played through my mind regularly.

I claim Jesus Christ as a separation of those past events and ask you Jesus, come between me and those events, so I no longer see the details, only know Jesus' presence in its place.

I pray in the name Jesus Christ.