

Pride Worksheet

This is for both obvious and hidden pride.

SelfSpouse

- I have desired to be recognized and appreciated.
- I have had hurt feelings when others are promoted and I am overlooked.
- I have focused on myself rather than others.
- I have blamed others for my failures.
- I have become defensive when criticized.
- I have been concerned about what others think of me.
- I have had a hard time admitting when I have failed another person.
- I have viewed others from my heart as lower than myself.
- I have desired for others to meet my needs.
- I have had a desire for self-advancement.
- I have desired to be successful apart from God's blessing or direction.
- I have refused to give up my personal rights and expectations.
- I have had a desire to control others.
- I have talked most often about myself when conversing with others.
- I have drawn attention to my abilities and achievements.
- I have felt sorry for myself (self-pity) when I am not appreciated.
- I have focused on my knowledge and experience.
- I have had a self-sufficient attitude, excluding God or others.

I now confess each of these as pride, and pride as sin against you Lord. I now ask, will you forgive me? Thank you for your forgiveness. I ask that you take back the place in my soul that I have given to the devil. I now yield it back to your authority. Please teach me how to humble myself to your glory. Thank you for hearing my prayer.