

## Sexual Sin Worksheet

***Ask God to bring to memory all details of this sin important to Him***

**Fantasy** (*emotional attachment while reading a novel or about an attachment otherwise*)

**Lust** (*sexual thoughts and desires*)

- Same sex
- Opposite sex

**Pornography** (*for women this can be romance novels*)

- Magazine
- Videos/Movies/TV
- Internet

**Masturbation**

- When started
- Last time practiced

**Sodomy**

**Oral or Anal sex**

**Defrauding** (*heavy petting that did not go farther*)

**Sex outside of marriage**

**Adultery**

**Exposing nakedness** (*Streaking, etc.*)

**Divorce** (*Do I have any guilt, shame, or regret? Or do I have divorce in my heart?*)

**Look in on someone else** (*sex acts or nakedness or a desire to*)

**Sexually harass anyone**

**Incest** (*cousins or family*)

**Sexually abuse someone**

**Rape** (*any involvement, or has someone abused you?*)

**Involvement in an abortion**

**Bestiality** (*involvement with animals*)

**Prostitution** (*paid for sex*)

**Topless or nude bars**

**Cyber or phone sex**

**900 phone numbers**

**Wife swapping**

**Other**

**Jesus, I invite you into all that happens with my body. I want you glorified by everything!**

Jesus I now confess this sexual sin of \_\_\_\_\_, as sin against you. Will you forgive my sin? Thank you for forgiving me. Jesus take back all place that I have given to the enemy, I yield it back to your control. Thank you for hearing this prayer.